

WJHS October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
10/1 Italian Sausage w/ Rigatoni Broccoli Garlic Toast Fresh Fruit Milk	10/2 Pepperoni Pizza Tossed Salad Fresh Fruit Milk	10/3 Greek Style Chicken Green Beans Potato Wedges Fresh Fruit Milk	10/4 Buffalo Chicken Salad Over Romaine Lettuce Whole Wheat Roll Fresh Fruit Milk	10/5 Spinach, Mushroom and Cheese or Cheese Quesadilla Corn Fresh Fruit Milk
10/8 No School Teacher Institute Day	10/9 Cheese Pizza Tossed Salad Fresh Fruit Milk	10/10 Chicken Pomodoro Panini Baked Chips Carrots Fresh Fruit Milk	10/11 Chicken Nicoise Salad Over Romaine Lettuce Breadstick Fresh Fruit Milk	10/12 BBQ Pork Chops Broccoli Baked Fries Fresh Fruit Milk
10/15 Pasta Purse Mixed Vegetables Garlic Toast Fresh Fruit Milk	10/16 Pepperoni Pizza Tossed Salad Fresh Fruit Milk	10/17 Italian Beef Roasted Zucchini Baked Fries Fresh Fruit Milk	10/18 Taco Salad Bowl Fiesta Vegetables Brown Rice Fresh Fruit Milk	10/19 Chicken Wings Mashed Potatoes Corn Fresh Fruit Milk
10/22 Pasta w/ Meatballs Mixed Vegetables Garlic Toast Fresh Fruit Milk	10/23 Cheese Bosco Sticks w/wo Marinara Sauce Tossed Salad Milk	10/24 Baked Potato Bar Chicken, Broccoli, Bacon and Cheese Whole Wheat Roll Fresh Fruit Milk	10/25 Salad Bar Assorted Toppings Breadstick Fresh Fruit Milk	10/26 Beef Fajita Spanish Rice Corn Fresh Fruit Milk
10/29 Stuffed Shells Green Beans Garlic Toast Fresh Fruit Milk	10/30 Cheese Pizza Tossed Salad Fresh Fruit Milk	10/31  Early Dismissal-11:20		